



Fresh Juices

Fresh & Green

Kale, Spinach, Apple, Cucumber

Sunny-C

Orange, Pineapple, Apple

Refresh

Cucumber, Mint, Lemon, Apple

Red Fruit

Beets, Pineapple, Strawberry & Banana

Immunity

Celery, Apple, Carrot, Parsley

Blood

Orange, Carrots, Beets, Spinach, Ginger

Cleanse

Apple, Lemon, Maple Syrup, Cayenne Pepper

Skin

Pineapple, Cucumber, Apple, Red Pepper, Ginger

Oh-Sha-Ree

Kale, Spinach, Wheatgrass, Dandelion Greens,
Parsley, Celery, Ginger

Shaken not Stirred

Lemon-Lime Mojito

Lemon, Agave, Mint, Sparkling Water

Berry Cosmo

Fresh Blueberry, Strawberry, Raspberry,
lime, Sparkling Water

Tropic Mimosa

Mango, Pineapple, Papaya, Lime,
Sparkling Water

Booster

\$1.50

Protein Powder (Whey, Soy, Hemp), Raw Almond Butter,
Raw Cacao, Chia, Flax Oil, Bee Pollen, Peanut Butter, Aloe Vera,
Flax Seed, Sprouted Oats, Garlic, Maca Root, Bee Pollen,
Spirulina, Espresso

(Add \$3)

Vitamin D3, Amino acids, L-Creatine, Glutamine

(Add \$3)

1oz Wheatgrass Shot

FOOD ALLERGY WARNING: All items on this menu are made in a facility that uses peanuts, tree nuts, dairy, wheat, egg, soy and fish. Our blenders process peanuts, tree nuts, soy, gluten, bee pollen and casein.

Shakes/Smoothies

Nanabutter

Banana, Almond Butter, Dates

Lean Green

Avocado, Pineapple, Spinach

Crunchy Carribean

Banana, Coconut, Raw Cacao, Oats

Berry Special

Mixed Berries, Raw Cashews

Green Tease

Matcha Green Tea, Spirulina

Amour

Strawberry, Raw Cacao, Raw Cashews

Protein rich and full of veggies, these drinks will jump start your day! Weighing in at under 300 calories and over 40 grams of protein, a great post workout smoothie or meal replacement.

Muscle Alert

Milk, Shot of Espresso, Protein, and cacao

Peanut Punch

Milk, Protein, Cacao, Plain Greek yogurt, Peanut butter

Energy

Chard, Spinach, Kale, Carrot, Beet, Lemon, Green apple, vanilla and Protein
